

Our Sense of Smell

Suggested Books:

The Sweet Smell of Christmas by Patricia M. Scarry
Who's Making that Smell? By Philip Hawthorn
My Five Senses by Alik
These Are My Sensors by Steven M. Beattie, II
Smelly Socks by Robert Munsch
Smelling by Maria Ruis
Terrible, Horrible Smelly Pirate by Carrie Muller
Big Smelly Bear by Britta Teckentrup

Vocabulary Words:

Nose, smell, scent, pleasant, odor, olfactory, purple, circle, shapes, lavender, lilac, violet, stinky, smelly

Songs and Fingerplays:

MY FIVE SENSES

I have eyes that can see
And a nose that can smell
I have fingers that can touch
And they do it very well
I have ears that can hear
And a tongue that can taste
These five things I should never waste.

Two Little Eyes Action Song

2 Little Eyes to look around
Two Little Ears to hear each sound
One little nose to smell what's sweet
One Little mouth that likes to eat
Two little hands to touch and play
My five senses help me all day!

Something New

Sung to: "Twinkle, Twinkle, little star"
Red and blue, red and blue,
Mix them and find something new.
Purple like a fresh ripe plum,
Purple like a poor sore thumb,
Red and blue, red and Blue,
Mix them and find something new

Rainbow Song

Sung to: "Hush, Little Baby"
Rainbow purple
Rainbow blue
Rainbow green
And yellow too
Rainbow orange
Rainbow red
Rainbow shining over head.

Come and count
The colors with me
How many colors
Can you see?
1 - 2 - 3 on down to green
4 - 5 - 6 colors can be seen!

Rainbow purple
Rainbow blue
Rainbow green
And yellow too
Rainbow orange
Rainbow red
Rainbow shining over head.

What Shape is this?

Sung to: "The Muffin Man"
Do you know what shape this is,
What shape this is, what shape this is?
Do you know what shape this is
I'm holding in my hand?

Materials to Gather:

Dramatic Play:

Provide some potpourri and a pretty container to decorate the toy table. Add a purple fabric square for toy tablecloth. Purple candles. Purple purses or shoes. Purple plastic plums or grapes.

Blocks:

Add some purple cars. Provide blue construction paper circles for water fountains or ponds.

Music:

Baby Einstein-Baby Van Gogh- World of Colors
Baby Songs – ABC, 123, Colors & Shapes by Amy Weintraub

Projects:

Make your own lotto game with scratch & sniff stickers, or just play whatever game you have.

Purple Hunt: Go on a hike through your home with your child, have him look for things that are purple. If he selects something that is not purple, gently instruct him on what color it is. Some children are purple colorblind. Gather a handful of purple things to display in your calendar area for the week, such as a purple block, purple crayon, purple pillow, purple sock, etc.

N is for Nose: Cut out a large N shape from construction paper, glue it to another color of paper. Have child cut out noses from magazines, then glue all the noses onto the N shape.

Smelling Jars: Use six sets of salt/pepper shakers (or other matching small bottles, like pill bottles), cotton balls, various scents. Parent makes the activity, then presents it to the child. Soak 12 cotton balls in rubbing alcohol. Take two cotton balls, and drench with the same scent. Place one in a salt shaker, and one in a pepper shaker. That's one pair. Repeat for remaining shakers. Possible scents: cocoa, lavender, cinnamon, vanilla, eucalyptus, and basil. Child sniffs each jar and tries to match them up. If too difficult, give your child just two pairs of jars to begin with. Or just offer child each jar to sniff, and don't match them yet.

Scented Flowers: child paints or colors flower cutout. Glue a small, colored cupcake paper onto flower. Glue pompom onto cupcake paper, and add several drops of scented oil to pompom. Repeat, making several flowers, using different scents on the pompom. Add stems and leaves, and make a scented garden for your bulletin board or window display.

Smelly Playdough: Make a new batch of playdough, but omit the vanilla. Instead, add 2 teaspoons of

extract or food essence, and corresponding food coloring. For instance, add almond extract to brown, or banana extract to yellow coloring. Alternatively, you could add unsweetened powdered drink mix to the flour when you are making the playdough.

Scratch & Sniff Paint: variety of flavored drink mix envelopes (unsweetened), like grape, cherry, lemon, lime, and orange. Mix one envelope (about 1 tbsp) with 1 teaspoon of warm water to dissolve. Add two teaspoons of colored tempera paint. Add grape flavored drink mix to purple paint, lemon to yellow, etc. Child paints with the paints. Then when his picture is dry, he can scratch it and smell it again.

Compare and Contrast: Pour a bit of sugar onto one plate and a bit of salt onto another. Ask your child to compare and contrast them using his sense of sight, then sound, then touch, then smell, then taste. Salt and sugar look alike, sound similar when shaken, and feel the same unless you bought extra fine sugar. The salt might have a slightly salty scent, but not everyone can smell it. It is only when tasting that the child learns the difference! Repeat this activity with other food items. Compare and contrast chocolate ice cream with coffee ice cream. Compare and contrast banana pudding with lemon pudding. Etc. Booklets: Cut out circles from construction paper, and staple at the top to make a booklet. Child illustrates the pages with what he's learned. Could glue small amount of sugar and salt to top page. Save booklet.

Make Popcorn: Use your favorite popcorn popper, or do it over the stove. Melt butter in a pot over the stove. Let your child smell the butter melting, the popcorn popping. Then serve and eat. If you have at a snack, after going outside to play, ask your child when he comes back inside if he can still smell the popcorn.

What Does It Smell Like? Have your child close his eyes or wear a blindfold. Have a variety of items prepared for him to smell, like coffee, peanut butter, coconut, oranges, lemon, bananas, etc. Let

him smell each item and try to guess what it is by scent alone.

Orange Trees: Glue real twigs onto sturdy paper, or paint trees with brown paint and small brush. Then glue small wads of orange tissue paper onto the tree branches. Place a few drops of Orange extract onto the tissue paper oranges. Or make Lemon trees with lemon extract. Visit an Orange Tree orchard, or show your child pictures of orange trees.

Purple Necklace: Color some uncooked pasta purple (same method as coloring rice, listed on the Articles page of this blog). Child strings pasta on yarn. Tie the ends together to make a necklace. You might share with your child that amethyst is a purple gem stone, and show him pictures of it.

Baking Day: Bake something that smells nice, like home-made bread, cinnamon rolls, or chocolate chip cookies. Let your child help. Talk with him about how it smells while you are mixing it up,

baking it, cooling it, or eating it. What does it smell like? Is it pleasant or unpleasant? Point out what shape the cookies are!

Purple Prints: Put small amounts of different shades of purple in a pie tin, close together. (Use white paint to make a lighter lavender, black to make a darker purple shade, or a bit of red or blue to change the shade of the purple). Inflate a small balloon just a bit, so that it fits in the child's hand easily. Have him dip the balloon into the pie tin, then stamp onto a sheet of paper. Allow the paint colors to mix and blend. Messy, but the pictures turn out nice. You might teach your child words for the different shades of purple, such as lilac, violet, eggplant, lavender, etc.

Circle Sorting: Provide several different shapes. Ask child to sort them into circles, and "not circles". Make all the shapes purple, if you like, or a variety of colors, but do not sort by color, just by shape this time.

Our Sense of Smell: Monday

Date: _____

Concepts: N n, 1, Purple, Circle

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity; Present vocabulary words & concepts. Teach "My 5 Senses" poem
7:45	Breakfast
8:00	Table Activities: Play lotto. Make own game with scratch & sniff stickers.
8:15	Free Play: Set out props in dramatic play, blocks, music, & books areas.
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack: Grape Juice, animal crackers
10:15	Outside time: Hula Hoops, balls Talk about the round shape. What else is round?
11:15	Project: Purple Hunt
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash hands
3:15	Snack: Plums
3:30	Outside time: Sandbox
4:30	Table Time: N is for Nose letter tracing
4:45	Project: N is for Nose collage
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher, Journals
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed

Our Sense of Smell: Tuesday

Date: _____

Concepts: N n, 1, Purple, Circle

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity; Vocabulary words; Songs Teach "Two Little Eyes" action song
7:45	Breakfast
8:00	Table Activities: Puzzles. Do you have a puzzle on colors?
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack: raisins, crackers
10:15	Outside time: Bubble Stuff. Do you have round or purple wands?
11:15	Project: Smelling Jars
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack: Purple jam on toast, milk
3:30	Outside time: ride tricycle.
4:30	Table Time: What Begins with N? worksheet
4:45	Project: Scented Flowers picture
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher, Journals
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Our Sense of Smell: Wednesday

Date: _____

Concepts: N n, 1, Purple, Circle _____

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity; Vocabulary words; Concepts. Songs. Teach "Rainbow Song".
7:45	Breakfast: Add blueberries to your oatmeal or cereal?
8:00	Table Activities: Playdough. Make fresh, color purple. Add lavender or grape scent
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack: cherries and blueberries
10:15	Outside Can you smell anything? Flowers, wet earth, hot pavement, someone's grill?
11:15	Project Scratch & Sniff Paint
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack: Make grape popsicles, or purple frosted cupcakes
3:30	Outside time Swimming if weather permits. Supervise all water play closely.
4:30	Table Time: Count and Trace number 1. Color these things purple.
4:45	Project: Compare and Contrast. Older child may make a booklet, showing what he learned.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher, Journals
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Our Sense of Smell: Thursday

Date: _____

Concepts: N n, 1, Purple, Circle

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity; Vocabulary; Songs. Teach "Something New" song. Review others.
7:45	Breakfast Stir blueberry syrup into oatmeal, turning it purple?
8:00	Table Activities: Lacing Cards (make some out of purple cardboard?)
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack: home-made popcorn. Can you smell it popping?
10:15	Outside Run, Climb, Slide
11:15	Project What Does it Smell Like?
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack Blueberry muffin or pop tart
3:30	Outside time
4:30	Table Time: Purple, Green, Yellow worksheet.
4:45	Project Orange Trees tissue paper pictures
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher, Journal
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

Our Sense of Smell: Friday

Date: _____

Concepts: N n, 1, Purple, Circle _____

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity; Vocabulary words; Songs. Teach "What Shape is This?" Hold up various shaped objects – round paper plate, square book, triangle cut from construction paper, etc.
7:45	Breakfast
8:00	Table Activities Cutting Practice worksheet. Purple necklace
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Project: Baking Day
10:15	Snack: (cinnamon rolls or cookies)
11:15	Outside Play
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside
4:30	Table Time: My N Book coloring book (long) or Circle Sorting activity (short)
4:45	Project: Purple Prints
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher, Journal
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.