

Menu Week Five

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Buttermilk pancakes, strawberries & cream	Blueberry Muffins, Milk	Granola-Yogurt Parfait, Juice	Fried Eggs with Hash Browns, Orange Juice	Cinnamon Bread Sticks, Grapes, Milk	Berry Danish, Milk	Fruit & Chocolate Filled Coffee Cake, Milk or Coffee
snack	Triscuit topped with Cream Cheese & Apple slice, water	Carrots, Cucumbers, Cheese Cubes	Bread & butter, Pears	Graham Crackers, milk	Muffin (left-overs) & Milk	Brownie, Milk	Cereal, milk
lunch	Peanut Butter & Banana Sandwich, Buttered peas, Milk	Chicken Stew, Crackers, Fruit Salad, Milk	Hamburgers, corn, applesauce, milk	Pita Pizzas, Orange Sections, Milk	Macaroni & Cheese, Mini Sausage Links, Plums, Milk	Chicken Salad with Grapes and Nuts, milk	none
snack	Graham Cracker, Milk	Ice Cream Cone	Raw Vegetables, Hidden Valley Ranch dip, Milk	Saltines with Peanut Butter, milk	Rice cakes, milk	Melted Cheese on Triscuits with Jalapenos, Milk	Brownie, milk
supper	Chicken & Dumplings, Cole Slaw, Fruit Cocktail, milk	Sloppy Joes, Baked Beans, Apple Salad, Milk	Spinach Quiche, Melon, milk	Fruit Soup, Warm French Bread, Milk	Pan-Fried spice Crusted Fish Fillets on Rice, Pineapple Rings, Milk	Steak Quesadilla, Refried Beans, nachos, milk or Beer	Home-made Pizza, Peaches, Soda Pop
snack	Grapefruit half	Popcorn	Raisins	Tortilla & cinnamon rollup	Grapes	Graham crackers	Ice cream