

Menu Week Four

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Breakfast	Blueberry Crepes, whipped cream, Milk	Egg Topped English Muffins with Cheese, Milk	Swiss Oatmeal with Nuts, Coconut & Apricots, Milk	Rolled Eggs, Clementines, Milk	Banana Bread Supreme, Cream Cheese, Juice	Toast & Jam, Hot Cocoa	Crumb Cake, Fruit Compote, Sausage Links, milk or coffee
snack	Applesauce, Animal Crackers	Melted Cheese on Triscuits	Toast with all-fruit jam, water	Graham crackers, Peanut Butter	English Muffin half with butter and cinnamon, Milk	Gingersnap cookie, milk	Cereal, milk
lunch	Tuna Salad Sandwich, buttered peas, Peach half, milk	Chicken Nuggets, Cheese Curds, Baby Carrots, milk	Hamburgers, cottage Cheese, Pears, Tomato Slice, Milk	Spagettios, celery, Apple wedges, milk	Pasta with Parmesan cheese, Green Beans, melon, Milk	Ham and Cheese on a bun, Pickle, Corn, milk	none
snack	Graham cracker and milk	Tortilla chips, cheese dip, juice	Cauliflower, broccoli, Cucumbers, dip, milk	Peanut butter, cracker	Rice cakes, milk	Fruit, cracker	Gingersnaps, mlk
supper	Sweet & Sour Chicken over Rice, Asian Salad, Milk or wine	Hamburger HotDish, Spinach Salad, applesauce, Milk	Roast turkey, Stuffing, Sweet Potatoes, fruit cocktail, milk	Cheddar Soup, Turkey & Avocado Wrap,	Breaded Fish Fillets, French Fries, Apple Salad, Milk	Stew, Cole slaw with Raisins, Whole-wheat Rolls, Milk	Pizza Hut, Beer or Milk
snack	Grapefruit half	Popcorn	Raisins	Tortilla & cinnamon rollup	Grapes	Graham crackers	Ice cream