

## Menu Week Two

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
Breakfast	Sourdough Pancakes & molasses, milk	Banana Nut Muffins, Milk	Oatmeal Porridge, Milk	Fried Egg Sandwich, Orange Juice	Pumpkin Bread, Cream Cheese Spread, Juice	French Toast with Maple Syrup, Orange Sections, Milk	Raspberry Danish, Sausage Links, Scrambled Eggs, Coffee
snack	Apple Wedges, Saltines water	Cucumber and Tomato Slices, Mayonnaise	Toast & Jam, Milk	Peanut Butter on Crackers	Banana Nut Muffin (left over), Milk	Sugar Cookie, Milk	Cereal, milk
lunch	Peanut Butter & Jelly Sandwich	Cr. Chicken over Mashed Potatoes, Peas, Apples, Milk	Spagetti with Meat Balls, grapes, Milk	Hot dogs, Baked Beans, applesauce, milk	Egg & Cheese Hotdish, Green Beans, Milk	Roast Beef on Rye, Pickle, Potato Chips	none
snack	Carrot Sticks, Cheese Cubes	Cinnamon Tortilla Rollup, Juice	Cauliflower, Celery, Carrots, Dip, wheat thins	Chocolate Frosted Saltines, Milk	Rice cakes, milk	Raisins, crackers	Cookie, milk
supper	Chicken Tacos, Refried Beans, Milk	Shepherd's Pie, Fruit Cocktail, Milk	Pork Chops, Pineapple Dressing, Broccoli, Milk	Tomato Soup & Grilled Cheese Sandwich, Pears, Milk	Pan-Fried Fish Fillets, Wild Rice, Oranges, Milk	Steak, Baked Potato, Salad, Wine	Home-made Pizza, soda
snack	Grapefruit half	Popcorn	Raisins	Tortilla & cinnamon rollup	Grapes	Graham crackers	Ice cream