

## Getting Ready for Week

### Suggested Books:

The Snowy Day by Ezra J. Keats  
 Snow Globe Family by Jane O'Conner  
 Katy and the Big Snow by Virginia Lee  
 Burton  
 Curious George In the Snow by H.A. Rey  
 The Mitten by Alvin Tresselt  
 Snow and Ice by Kay Davies  
 Diamond in the Snow by Jonathan Emmet

### Vocabulary Words:

Snow, Ice, icicle, mittens, snowballs, snow  
 angels, paleontologist, melt, freeze,  
 blizzard.

### Songs and Fingerplays:

#### Winter Pokey

(Just like "hokey Pokey")

You put your right mitten in,  
 You put your right mitten out,  
 You put your right mitten in,  
 And you shake it all about!  
 You do the Winter Pokey  
 And you turn yourself around,  
 That's what it's all about!

You put your left mitten in...  
 You put your right boot in...  
 You put your left boot in...  
 You put your hat in...  
 You put your snowsuit in...

#### Winter Dressing

(To the Tune of "Clementine")

First the snow pants  
 Then the boots  
 Then the jacket  
 Then the hat,  
 And the mittens go on last,  
 So we can play outside real fast!

#### Ten Little Snowballs

Snow fell last night and it fell so hard, when  
 I looked out my window, it covered up my  
 yard.

I made 10 little snowballs and I put them in  
 a line. One fell off the wall, and then there  
 were 9.

9 little snowballs, I put them on the gate. 1  
 fell off and then there were 8.

8 little snowballs, I hit 1 up towards heaven.  
 It came down splat! and then there were 7.

7 little snowballs, I hit 1 with a stick. It  
 broke in little pieces and then there were 6.

6 little snowballs, all lined up side by side.  
 My dog stole 1 and then there were 5.

5 little snowballs, I took them to the store. 1  
 fell off my sled, so then there were 4.

4 little snowballs, underneath a tree. I threw  
 1 at a monster, then there were 3.

3 little snowballs, I'll share them with you.  
 You have 1 and I have 2.

2 little snowballs, left out in the sun. 1  
 melted away and then there was 1.

1 little snowball left all alone. I'll put it in my  
 pocket and take it home.

#### I'm a little snowflake

(to the tune of "I'm a little teapot")

I'm a little snowflake fat and round  
 Falling gently to the ground  
 When enough of me falls, Hear me shout!  
 Here's a snowball, better watch out!

#### Once there was a snowman!

(To the tune of "did you ever see a Lassie")

Once there was a snowman, a snowman, a  
 snowman!

Once there was a snowman so tall, tall, tall,  
 tall! (reach up to the ceiling on tip toes)

In the sun it melted, it melted, it melted,

In the sun it melted so small, small, small,  
 small! (Slowly sink to the floor in a puddle)

#### I love snow!

(To the tune of "Three Blind Mice")

I love snow! I love snow!

Soft white snow! Soft, white snow!

It falls on the ground so soft and white,

Sometimes it falls all through the night,

Did you ever see such a beautiful sight,

As soft, white snow!

**Materials to Gather:****Dramatic Play:**

Put out sweaters or jackets and mittens for child and baby doll to wear. Make a pretend fireplace in a corner of the toy kitchen area, color it on butcher paper and tape to the wall. Put a child-size rocking chair near fireplace.

**Blocks:**

Put small plastic polar animals in the blocks area. Put white construction paper out for snow or glaciers. Let child build caves with blocks for the polar bears, or icebergs for the seals.

**Music:**

Prokofiev's Music for Children

**Home-made games:****Clothespin Counting**

Take 20 small paper plates. Number them from 1 – 20. Decorate them, paint them, or leave them plain. Put in a basket full of clothespins. Show child how to take a plate, count that many clothespins, and clip them onto that plate. Child continues to clip pins to all plates. Good math activity, also fine motor control.

**Treasure Hunt Jar:**

Fill a 2-liter pop bottle with small objects, like a paper clip, rubber balloon, thumb tack, hair barrette, feather, crayon, penny, peanut, sewing needle, pen cap, small spool of thread, and more. Fill with sand or bird seed. Hot-glue on the lid. Child searches for items in the sand, colors a picture of what he finds.

**Playdough Math:**

Using ten sheets of cardstock paper, write the numbers 1 through 20 fairly large – about 4 inches tall. Laminate sheets. Child rolls snakes with playdough and forms the

numbers by laying the snakes over them. Then child rolls that many playdough balls and puts them on the mat.

**Projects:**

1. Ice sculpture: ice cubes, salt shaker/or a cake pan full of snow. Optional – food coloring.
2. Making Tracks: washable dolly shoes, clothespin, blue paint, white paper
3. Snowy Day: white construction paper, crayons, glue, paint brush, water, hole punch
4. Lacing mittens: construction paper, yarn, hole-punch, white (or black) permanent pen
5. Snowman Painting: white flour, white paint, blue construction paper, paint brush
6. Snow Globes: baby food jar, white corn syrup, glitter or snowflake sequins, tiny toy, hot glue gun (for parents only!), fabric or felt scraps
7. Coin Sort: a bag of coins, an egg carton
8. Winter Boots: construction paper, glue, scissors, cotton balls, permanent marker
9. Ice Paint: freeze blocks of ice. Need eye droppers, salt, food coloring, water.
10. Winter Picnic: charcoal or firewood for campfire, matches, lighter fluid. Hot cocoa, marshmallows, Purina Duck Chow or cracked corn from a feed mill.
11. Journal Page: white paper, crayons, permanent marker.
12. Paleontologist: freeze tiny dinosaurs in an icecube tray. Pop them out, and give child a small wooden mallet to excavate them from the ice.

**Ice and Snow week: Monday**

Date: \_\_\_\_\_

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity: Practice vocabulary words:. Teach “Winter Pokey” dance.
7:45	Breakfast
8:00	Table Activities: Play lotto. Make a lotto game using polar animals stickers – penguins, seals, walruses, arctic fox, polar bear, caribou, etc.
8:15	Free Play: Set out props in dramatic play, blocks, music, books areas.
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time: Catch snowflakes! Freeze a sheet of black construction paper, then when it snows, catch the flakes on the paper and examine them quickly before they melt!
11:15	Project: Ice Sculpture. Dump some icecubes on a cookie sheet, and give your youngster a salt shaker. Shake a LITTLE salt on an ice cube, and place another cube on top – it will stick. Otherwise, bring in a cakepan full of snow, and use snow to “glue” ice cubes together in a sculpture. Enjoy the art for a bit, then put it outside (if your weather is cold enough to preserve it). You can add food coloring to the ice sculpture.
12:00	Lunch. Go potty, read The Snowy Day, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack:
3:30	Outside time: If you have a hill and a sled, go sledding.
4:30	Come inside.
4:45	Project: Clothespin two doll shoes together, then dip the soles in blue paint. Press them on white paper, to make shoe prints in the “snow”, just like Peter made in the story. Make the toes pointing in, and pointing out.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

**Ice and Snow week: Tuesday**

Date: \_\_\_\_\_

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity. Vocabulary. Teach “Winter Dressing” song
7:45	Breakfast
8:00	Table Activities: Clothespin Counting
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack:
10:15	Outside time: make snow angels
11:15	Project: Snowy Day. Child colors a picture of anything. Himself playing outside maybe. Then brush a layer of glue thinned with water over picture, and sprinkle dots from a hole punch over the glue for snowflakes. If you like, you can give your child the white paper and the hole punch to play with.
12:00	Lunch. Go potty, read The Mitten by Alvin Tresselt, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack: “Snowmen” from cream cheese covered rice cakes, with raisin eyes, mouth, etc.
3:30	Outside time: ride tricycle if you have a shoveled area.
4:30	Come inside. Go potty, wash up, prepare for project.
4:45	Project: Lacing Mittens. Cut four mittens from construction paper. Punch holes around the outer edge. Give child a length of yarn and let him “sew” together two mittens at a time. Then have him narrate a story to you, of what might have happened if he lost a mitten. Write the story on the mitten, and display. Use a white “paint” pen, if you have one.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

**Snow and Ice Week: Wednesday**

Date: \_\_\_\_\_

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity. Teach vocabulary words. Teach ten little snowballs.
7:45	Breakfast
8:00	Table Activities: Playdough Math.
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time. Build a snowman!
11:15	Project: Make a snowman. Mix flour and white paint together. Let child paint three circles on blue paper for a snowman. When paint dries, child can add eyes, nose, mouth, and other accessories with scrap paper or markers.
12:00	Lunch. Go potty, read The Snow Globe Family, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time: Snowball fight
4:30	Come inside. Go potty, wash up, and prepare for project.
4:45	Project: Make snowglobes. Mix 1/3 white corn syrup, 2/3 warm water, pour into a clean babyfood jar. Add some silver glitter or snowflake sequins. May glue a tiny toy onto the jar lid. Hot glue the lid onto the jar. When glue dries, then child can decorate the lid with a scrap of fabric or felt. Shake jar, and watch the "snow".
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

**Ice and Snow Week: Thursday**

Date: \_\_\_\_\_

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity. Review vocabulary, teach: I'm a little snowflake, and Once there was a snowman.
7:45	Breakfast
8:00	Table Activities: Sort Coins. Give child your change and an egg carton, and ask him to sort the different coins.
8:15	Free Play
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Snack
10:15	Outside time: Use a sandpail and shovel, stack packed snow into a wall. Make snow castles.
11:15	Project: Winter Boots. Child cuts boots from colored paper and glues to a black sheet. Glue cotton balls to top of boot for fur trim, and lace a piece of yarn through hole-punched edge for lace up boots. Then ask child to tell you a story about where he would wear his new winter boots. Write his story in permanent marker.
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time:
4:30	Come inside. Go potty, wash up, prepare for project.
4:45	Project: Ice Paint. Freeze ice bowls in plastic containers ahead of time, then set out on a towel in a cookie sheet to keep them from sliding around. Child paints them with colored, salted water dripped from an eye dropper. Or bring in a cakepan full of snow and let child squirt colored water on the snow.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.

**Ice and Snow Week: Friday**

Date: \_\_\_\_\_

7:00	Wake up, go potty. Get dressed, Brush hair
7:30	Do Calendar activity.
7:45	Breakfast
8:00	Table Activities: Treasure hunt jar. See directions under “home-made games”.
8:15	Free Play.
9:45	Child picks up toys. Go potty, wash up for snack
10:00	Outside time: take a winter picnic to the park. Build a campfire, and roast marshmallows. Serve hot cocoa. Use the car’s window brush, and sweep snow off the slides. Swing. Feed the ducks (if not illegal in your town. Buy duck food, don’t feed them white bread).
12:00	Lunch. Go potty, read a story, sing & cuddle
1:00	Nap
3:00	Up from nap. Make bed, go potty, wash.
3:15	Snack
3:30	Outside time: Paleontologist
4:30	Come inside. Go potty, wash up, and prepare for project.
4:45	Project: Journal page. Give child plain white paper and crayons. Tell him to draw a picture about going to the park that morning. Have him narrate a story about his picture, and write his words below the picture. Date picture, and file it in your box of special treasures.
5:15	Clean up. Read a story, free play time
6:00	Dinner
6:30	Put away food, load dishwasher
7:00	Bath time. Get in Pajamas, read stories, or play a quiet game together
8:00	Bed.